



Ergebnisse

DHM Triathlon

am 18. Mai 2025

in Griesheim

Ausrichter: Technische Universität Darmstadt & Hochschule Darmstadt

Veranstalter: Allgemeiner Deutscher Hochschulsportverband



Gesundheitspartner



Gefördert durch:



aufgrund eines Beschlusses
des Deutschen Bundestages

Gefördert durch:



aufgrund eines Beschlusses
des Deutschen Bundestages

Gefördert durch:



aufgrund eines Beschlusses
des Deutschen Bundestages



Platz	Nachname - Vorname	StNr.	Jg.	Platz AK	Gesamtzeit	SWIM	PL	W1	PL	BIKE	PL	RUN	PL	Verein	Bemerkungen
1	GRAVENDYK Matthias	#017	00	1 DHMM	00:50:15.58	00:06:34.63	6	00:01:21.83	1	00:26:09.18	1	00:16:09.94	1	UNI Paderborn	
2	BETZ Matthias	#007	00	2 DHMM	00:50:25.57	00:06:07.99	4	00:01:33.77	6	00:26:20.78	3	00:16:23.03	2	TH Würzburg-Schweinfurt	
3	KRÜGER Maximilian	#027	00	3 DHMM	00:50:40.71	00:05:47.75	1	00:01:23.70	2	00:26:51.69	5	00:16:37.57	3	UNI Duisburg-Essen	
4	BECKER Julian	#005	00	4 DHMM	00:50:44.63	00:06:03.62	2	00:01:33.25	4	00:26:28.21	4	00:16:39.55	4	WHU – Otto Beisheim School of Manag	
5	VALDOR Jonas	#043	00	5 DHMM	00:52:32.82	00:06:06.02	3	00:01:41.10	9	00:26:13.74	2	00:18:31.96	12	UNI zu Köln	
6	LENTZKOW Niklas	#029	00	6 DHMM	00:53:34.89	00:06:27.18	5	00:01:30.73	3	00:28:11.19	8	00:17:25.79	6	h_da (Hochschule Darmstadt)	
7	BRACHT Andre	#009	00	7 DHMM	00:54:06.67	00:06:38.49	7	00:01:42.53	11	00:27:40.42	7	00:18:05.23	8	UNI Heidelberg	
8	KRÜGER Constantin	#026	00	8 DHMM	00:54:08.58		-		-		-		-	UNI Duisburg-Essen	
9	LULEI Henning	#031	00	9 DHMM	00:55:45.91	00:07:42.26	17	00:02:01.91	25	00:29:03.74	12	00:16:58.00	5	KIT Karlsruhe	
10	KRÜGER Katharina	#061	00	1 DHMF	00:56:09.03	00:06:45.84	9	00:01:37.97	7	00:29:00.89	11	00:18:44.33	14	TU Dortmund	
10	EGGERT Lukes	#011	00	10 DHMM	00:56:52.88	00:06:40.83	8	00:01:41.16	10	00:30:13.24	18	00:18:17.65	10	UNI Wuppertal	
2	ESTLER Eva	#566	99	2 DHMF	00:56:54.79	00:07:07.42	11	00:01:39.99	8	00:28:37.03	9	00:19:30.35	17	UNI Tübingen	
11	FLECKENSTEIN Dennis	#014	00	11 DHMM	00:57:32.99	00:08:14.59	22	00:02:02.28	26	00:27:10.71	6	00:20:05.41	21	KIT Karlsruhe	
12	ALLMENRÖDER Jan	#002	00	12 DHMM	00:58:13.48	00:08:29.42	29	00:01:46.61	17	00:29:36.53	14	00:18:20.92	11	KIT Karlsruhe	
13	MUSCHKEIT Johannes	#034	00	13 DHMM	00:58:22.10	00:07:16.72	15	00:01:43.10	14	00:29:53.97	17	00:19:28.31	16	KIT Karlsruhe	
14	REICHENBACHER David	#035	00	14 DHMM	00:59:05.13	00:07:13.66	13	00:01:58.27	22	00:29:50.15	16	00:20:03.05	20	KIT Karlsruhe	
3	SCHUHENN Therese	#076	00	3 DHMF	00:59:16.76	00:07:14.90	14	00:01:33.57	5	00:32:24.44	28	00:18:03.85	7	DSHS Köln	
4	SEEMANN Antonia	#072	00	4 DHMF	00:59:27.22	00:07:10.89	12	00:01:42.99	13	00:31:59.25	24	00:18:34.09	13	DHBW Mannheim	
15	ESTENFELDER Kai	#012	00	15 DHMM	01:00:14.18	00:08:12.69	21	00:01:52.00	19	00:29:44.54	15	00:20:24.95	23	UNI Würzburg	
5	OED Lisa	#066	00	5 DHMF	01:01:13.13	00:07:45.63	18	00:01:42.54	12	00:33:36.37	32	00:18:08.59	9	UNI Frankfurt (Main)	
16	BERNING Lauritz	#006	00	16 DHMM	01:01:23.59	00:08:38.40	36	00:02:40.55	44	00:30:37.39	20	00:19:27.25	15	UNI Kassel	
17	HEILMANN Nicholas	#021	00	17 DHMM	01:01:47.41	00:08:36.82	35	00:02:25.82	36	00:30:44.71	21	00:20:00.06	19	UNI Würzburg	
18	MANN Matthias	#032	00	18 DHMM	01:01:51.49	00:08:42.49	39	00:01:58.32	23	00:30:28.86	19	00:20:41.82	27	KIT Karlsruhe	
19	HARMS Patrick	#018	00	19 DHMM	01:02:01.50	00:08:44.56	41	00:02:45.49	46	00:29:34.60	13	00:20:56.85	30	HS Karlsruhe	
20	MIKOLAICYK Yannis	#033	00	20 DHMM	01:02:04.74	00:08:29.34	28	00:02:04.87	27	00:28:56.33	10	00:22:34.20	36	KIT Karlsruhe	
21	KÖHNKE Lennart	#025	00	21 DHMM	01:02:08.69	00:07:18.79	16	00:01:46.10	16	00:32:07.15	25	00:20:56.65	29	TU München	
22	BALZER Jens	#003	00	22 DHMM	01:02:14.58		-		-		-		-	UNI Paderborn	
6	SCHOLZ Greta	#071	00	6 DHMF	01:02:19.96	00:07:06.54	10	00:01:45.23	15	00:32:19.71	27	00:21:08.48	32	TU München	
23	KNIRSCH Lukas	#024	00	23 DHMM	01:03:05.17	00:08:41.57	38	00:01:54.58	20	00:31:38.50	23	00:20:50.52	28	KIT Karlsruhe	
7	GÜLDENPENNING Iris	#057	00	7 DHMF	01:03:44.64	00:08:17.81	25	00:01:48.07	18	00:32:59.94	29	00:20:38.82	25	UNI Paderborn	
24	GÄRTNER Elias	#015	00	24 DHMM	01:04:40.77	00:08:51.59	43	00:02:35.29	42	00:32:10.49	26	00:21:03.40	31	TU Darmstadt	
8	SOMMER Marie	#074	00	8 DHMF	01:04:41.69	00:07:58.38	19	00:01:54.86	21	00:34:35.00	37	00:20:13.45	22	UNI Münster	
9	RUPP Viktoria	#070	00	9 DHMF	01:05:18.70	00:08:36.61	34	00:02:06.05	28	00:34:04.56	35	00:20:31.48	24	UNI Würzburg	
25	LIEBELT Felix	#030	00	25 DHMM	01:07:18.38	00:08:16.73	24	00:02:48.08	48	00:33:19.69	31	00:22:53.88	39	HS Karlsruhe	
10	RÜENAUVER Leonie	#069	00	10 DHMF	01:07:18.67	00:09:42.00	54	00:02:20.18	33	00:34:37.25	39	00:20:39.24	26	RWTH Aachen	
26	RICHTER Hendrik	#036	00	26 DHMM	01:07:20.38	00:08:15.54	23	00:03:48.75	63	00:31:25.75	22	00:23:50.34	45	HS Karlsruhe	
27	GRAF Maximilian	#016	00	27 DHMM	01:07:27.91	00:08:26.58	26	00:02:17.57	31	00:33:06.88	30	00:23:36.88	44	KIT Karlsruhe	
28	HARNER Jonas	#019	00	28 DHMM	01:08:08.11	00:08:35.20	32	00:03:35.95	61	00:34:41.63	40	00:21:15.33	33	TU Darmstadt	
11	BLAESS Delia	#051	00	11 DHMF	01:08:24.90	00:08:00.44	20	00:01:58.77	24	00:35:51.37	48	00:22:34.32	37	KIT Karlsruhe	
29	LEMKE Felix	#028	00	29 DHMM	01:08:57.06	00:09:35.88	53	00:02:46.83	47	00:36:40.67	55	00:19:53.68	18	TU Darmstadt	
12	KRÜCKEL Julia	#075	00	12 DHMF	01:09:07.27	00:09:25.72	51	00:02:11.95	30	00:35:27.88	46	00:22:01.72	34	RWTH Aachen	
30	HEIDEBRECHT Samuel	#020	00	30 DHMM	01:09:26.80	00:08:40.73	37	00:03:18.30	57	00:35:03.86	42	00:22:23.91	35	UNI Bielefeld	
31	EWERS Constantin	#013	00	31 DHMM	01:10:41.80	00:10:42.41	61	00:02:30.48	38	00:34:00.75	34	00:23:28.16	43	UNI Göttingen	
13	MANEGOLD Britt	#065	00	13 DHMF	01:11:04.35	00:09:49.81	55	00:03:04.37	53	00:35:31.35	47	00:22:38.82	38	UNI Tübingen	
32	RODRIGUEZ Daniel	#037	00	32 DHMM	01:11:08.03	00:09:15.53	46	00:02:51.44	49	00:35:54.43	49	00:23:06.63	41	TU Darmstadt	
14	EISENREICH Amy	#053	00	14 DHMF	01:11:15.21	00:08:35.76	33	00:02:17.97	32	00:36:21.26	51	00:24:00.22	47	UNI Tübingen	
33	BOLLER Thomas	#008	00	33 DHMM	01:12:05.02	00:08:46.43	42	00:03:19.46	58	00:34:36.26	38	00:25:22.87	52	h_da (Hochschule Darmstadt)	
15	KUTTENKEULER Lara	#062	00	15 DHMF	01:12:17.25	00:08:34.21	31	00:03:00.01	52	00:35:14.10	44	00:25:28.93	53	UNI Göttingen	
34	WÜBKEN Mats-Luca	#046	00	34 DHMM	01:12:55.84	00:08:44.15	40	00:02:31.98	39	00:33:39.40	33	00:28:00.31	61	FH Aachen	



Platz	Nachname - Vorname	StNr.	Jg.	Platz AK	Gesamtzeit	SWIM	PL	W1	PL	BIKE	PL	RUN	PL	Verein	Bemerkungen
16	VAN HINDTE Greta	#078	00	16 DHMF	01:13:07.32	00:08:28.62	27	00:02:09.23	29	00:36:30.44	54	00:25:59.03	54	RWTH Aachen	
17	HAHNEFELD Caja	#058	00	17 DHMF	01:13:50.83	00:09:06.85	45	00:03:05.30	54	00:37:07.11	56	00:24:31.57	50	UNI Göttingen	
18	KAHL Ariane	#059	00	18 DHMF	01:14:00.31	00:10:40.99	60	00:02:32.91	40	00:36:22.18	53	00:24:24.23	48	UNI Göttingen	
35	SCHMIDT Frank	#039	00	35 DHMM	01:14:21.30	00:09:20.38	47	00:02:44.34	45	00:35:54.94	50	00:26:21.64	57	UNI Bielefeld	
19	REIBENSPIES Anna	#068	00	19 DHMF	01:14:37.90	00:09:52.55	56	00:02:21.07	35	00:37:14.07	57	00:25:10.21	51	KIT Karlsruhe	
20	UNGER Julia	#077	00	20 DHMF	01:15:11.85	00:09:31.71	52	00:02:28.36	37	00:39:53.55	62	00:23:18.23	42	KIT Karlsruhe	
36	SCHMIDT Christoph	#038	00	36 DHMM	01:15:18.51	00:10:59.69	62	00:03:31.82	59	00:37:48.90	59	00:22:58.10	40	UNI Bielefeld	
21	SEYDEL Antonia	#073	00	21 DHMF	01:15:58.41	00:09:23.66	49	00:02:35.15	41	00:37:14.32	58	00:26:45.28	60	KIT Karlsruhe	
37	HOFFMANN Nils	#022	00	37 DHMM	01:16:10.64	00:11:18.87	65	00:03:14.05	55	00:34:54.16	41	00:26:43.56	59	TU Darmstadt	
38	SCHWENGER Luca	#040	00	38 DHMM	01:16:11.01	00:10:59.76	63	00:03:55.81	65	00:35:12.52	43	00:26:02.92	56	UNI Tübingen	
22	ALLES Jule	#049	00	22 DHMF	01:18:21.55	00:09:22.17	48	00:02:20.21	34	00:35:18.43	45	00:31:20.74	63	UNI Göttingen	
39	ALHAMAD Mohammad	#001	00	39 DHMM	01:18:39.79	00:08:32.67	30	00:02:55.19	50	00:34:08.28	36	00:33:03.65	65	UNI Düsseldorf	
40	JÄSCHKE Maximilian	#023	00	40 DHMM	01:18:45.40	00:12:44.41	67	00:03:15.91	56	00:38:49.15	61	00:23:55.93	46	UNI Bielefeld	
23	DIEHLE Sarah	#052	00	23 DHMF	01:19:35.39	00:08:55.23	44	00:02:37.76	43	00:38:44.83	60	00:29:17.57	62	KIT Karlsruhe	
24	ANGRESIUS Johanna	#050	00	24 DHMF	01:21:17.88	00:11:12.42	64	00:03:51.29	64	00:40:12.50	63	00:26:01.67	55	UNI Bielefeld	
25	LÜSSEM Nicola	#064	00	25 DHMF	01:22:35.72	00:09:56.41	57	00:02:58.87	51	00:36:22.03	52	00:33:18.41	66	UNI Tübingen	
26	PENA SILVA Laura	#067	00	26 DHMF	01:23:25.89	00:10:31.33	59	00:03:56.23	66	00:42:19.41	64	00:26:38.92	58	UNI Düsseldorf	
41	BARRAZA Andrés	#004	00	41 DHMM	01:24:21.12	00:10:09.68	58	00:04:26.44	68	00:45:19.77	67	00:24:25.23	49	UNI Düsseldorf	
27	WOLF Annika	#080	00	27 DHMF	01:31:08.97	00:12:11.37	66	00:04:20.60	67	00:43:02.37	65	00:31:34.63	64	TU Darmstadt	
28	ABDELMEGEED Noran	#047	00	28 DHMF	01:39:47.74	00:13:11.27	68	00:05:19.49	70	00:47:20.09	68	00:33:56.89	67	h_da (Hochschule Darmstadt)	
29	ABIOLA Abibat	#048	00	29 DHMF	01:41:04.45	00:13:14.45	69	00:03:44.55	62	00:47:51.43	69	00:36:14.02	69	h_da (Hochschule Darmstadt)	
30	FRIEDRICH Freya	#056	00	30 DHMF	01:56:20.72	00:09:24.13	50	00:04:54.86	69	00:53:16.82	70	00:48:44.91	70	UNI Bielefeld	
42	EGENBERGER Urs	#010	00	42 DHMM	02:15:24.14	00:54:01.24	70	00:03:33.31	60	00:43:43.61	66	00:34:05.98	68	TU Darmstadt	
DSQ	WEBER Oskar	#044	00	DSQ DHMM	00:00:00.00	00:06:01.96	0	00:01:35.85	0	00:28:10.48	0	-	-	UNI Kassel	Überholverbot
DNF	SIEBENHAAR Philip	#041	00	DNF DHMM	00:00:00.00	00:07:12.80	0	00:01:54.96	0	00:30:00.72	0	-	-	TU München	



Platz	Nachname - Vorname	StNr.	Gesamtzeit	Athlet 1	Athlet 2	Athlet 3	Bemerkungen
1	WG DARMSTADT I	#551	00:47:52.14	Lena Junge	Fynn Becker	Tim Mignon	
2	WG DARMSTADT II	#552	00:48:03.05	Maïke Baldus	Philip Pietrowski	Niklas Lentzkow	
3	UNI PADERBORN	#555	00:50:11.66	Jens Balzer	Matthias Gravendyk	Iris Gülденpenning	
4	WG KARLSRUHE 1	#547	00:51:19.69	Henning Lulei	Delia Blaess	Jan Allmenröder	
5	WG WÜRZBURG	#556	00:52:23.47	Viktoria Rupp	Kai Estenfelder	Nicholas Heilmann	
6	UNI OLDENBURG	#554	00:54:45.95	Matthis Casser	Paul Eckhardt	Marie Reißmann	
7	WG KARLSRUHE 3	#549	00:55:01.08	David Reichenbacher	Anna Reibenspies	Dennis Fleckenstein	
8	WG KARLSRUHE 4	#550	00:56:15.67	Lukas Knirsch	Julia Unger	Matthias Mann	
9	WG KARLSRUHE 5	#543	00:57:35.50	Patrick Harms	Antonia Seydel	Maximilian Graf	
10	WG KARLSRUHE 2	#544	00:58:48.71	Felix Liebelt	Sarah Diehle	Hendrik Richter	
11	WG MÜNCHEN	#553	00:59:12.44	Lennart Köhnke	Jil Schaft	Ben Krebeck	
12	WG DARMSTADT III	#546	01:00:22.59	Leon Pfenning	Lisa Marie Fitzthum	Thomas Boller	
13	WG DARMSTADT IV	#545	01:01:47.14	Julian Bayer	Malina Bamberger	Hendrik Rapp	
DSQ	WG KARLSRUHE 6	#548	00:00:00.00	Yannis Mikolaïcyk	Eva Estler	Johannes Muschkeit	außer Konkurrenz

