



**FISU**  
UNIVERSITY  
WORLD  
CUP  
FINSWIMMING



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# FISU University World Cup Finswimming

**LIGNANO SABBIAADORO (Udine) – ITALY**

**from 01/04/2022 to 02/04/2022**



# SPECIFIC RULES

## 1 – DENOMINATION:

The International University Sports Federation (FISU), the Italian University Sports Federation (CUSI), the University of Udine and the Organising Committee have the honour of inviting you to participate in the sport events which will be held in Lignano Sabbiadoro (Udine), Italy from 01/04/2022 to 02/04/2022 on the occasion of the celebration of the LIGNANO SABBIADORO 2022 – FISU UNIVERSITY WORLD CUP FINSWIMMING.

This competition will be held under CMAS Finswimming Rules and the present specific rules.

## 2 – COMPETITION PLACE:

The Competition will be held in:

Olympic swimming pool of Bella Italia Sports Village – Viale Centrale, 29 – Lignano Sabbiadoro (UD)  
– number 8 lanes, 50 meters long and a constant depth 2,10 m.

<b>Swimming Pool Program</b>			
<b>Wednesday 30 March 2022</b>		- 09:00 / 20:00 Arrival, control documents and equipment	
<b>Thursday 31 March 2022</b>		- 09:00 / 13:00 Training - 15:00 / 19:00 Training - 18:00 / 19:00 Opening Ceremony	
<b>Friday 1 April 2022 morning</b>	- 08:30 / 09:00 WOMEN warm up - 09:00 / 09:30 MEN warm up  - 50m AP Women - 50m BF Women - 100m SF Men - 100m BF Men - 200m SF Women - 200m BF Women - 400m SF Men - 400m BF Men - 800m SF Women slow heats - 4x100m SF mixed (if more than 8 teams) - 4x50m BF mixed (if more than 8 teams)	<b>Friday 1 April 2022 afternoon</b>	- ore 14:30 / 15:00 WOMEN warm up - ore 15:00 / 15:30 MEN warm up  - 50m AP Women final - 50m BF Women final - 100m SF Men final - 100m BF Men final - 200m SF Women final - 200m BF Women final - 400m SF Men final - 400m BF Men final - 800m SF Women fast heat - 4x100m SF final mixed - 4x50m BF final mixed
<b>Saturday 2 April 2022 morning</b>	- 08:30 / 09:00 WOMEN warm up - 09:00 / 09:30 MEN warm up  - 50m AP Men - 50m BF Men - 100m SF Women - 100m BF Women - 200m SF Men - 200m BF Men - 400m SF Women - 400m BF Women - 800m SF Men slow heats - 4x100m BF mixed (if more than 8 teams) - 4x50m SF mixed (if more than 8 teams)	<b>Saturday 2 April 2022 afternoon</b>	- 14:30 / 15:00 WOMEN Warm Up - 15:00 / 15:30 MEN warm up  - 50m AP Men final - 50m BF Men final - 100m SF Women final - 100m BF Women final - 200m SF Men final - 200m BF Men final - 400m SF Women final - 400m BF Women final - 800m SF Men fast heat - 4x100m BF final mixed - 4x50m SF final mixed
<b>Sunday 3 April 2022</b>		- Departure	